

HLTAID011 Provide First Aid

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

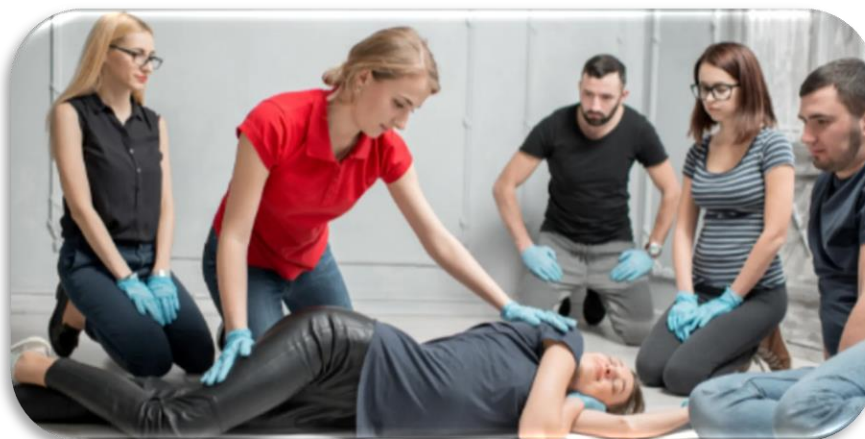
| Program features | Entry requirements | Work experience requirements |
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| <ul style="list-style-type: none"> ▪ Australian Resuscitation Guidelines to perform CPR and First aid. ▪ Recognise and respond to an emergency situation. ▪ Infection control principles and procedures. ▪ Use available resources and apply first aid procedures. ▪ Communicate and record details of the incident. ▪ Evaluate the incident, own performance and impact on self and Others. | <ul style="list-style-type: none"> ▪ Unique Student Identifier (USI). ▪ Complete a language, literacy, numeracy and digital literacy quiz. ▪ Physically capable to complete a minimum of 2 minutes of continuous CPR on the floor with an adult manikin. ▪ Students under 18 years of age must obtain written consent from a parent or guardian. | <ul style="list-style-type: none"> ▪ Students must provide & wear safe, industry appropriate clothing on work experience. |

Course details

| Course Type | |
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| Duration (see over for more information) | Duration of the course is 8hrs (9am to 5pm) of face-to-face training, practical activities and assessment. |
| Fees (see over for more information) | Cost of the course is \$160 (Payable by credit card (VISA, MasterCard), EFTPOS, Cheque, money order and direct deposit). The fee includes all training, assessment materials and learning resources. There is also a 1/2-day CPR refresher course available (HLTAID009 Provide cardiopulmonary resuscitation). The fee for the CPR course is \$90. Learners are required to do some pre-reading and complete written activities prior to course commencement. |
| Location | Ground Floor, 331 High Street Penrith NSW 2750 and a host employer for work experience. |

Policies and procedures information

Benchmark College has policies, procedures and information to help create a working and learning environment that is safe and healthy, culturally diverse, friendly and non-discriminatory. We encourage students to visit the student section of our website <https://www.benchmark.edu.au> to view all relevant policies and procedures.



The course

This unit of competency describes the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders, until the arrival of medical or other assistance.

Course content

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| HLTAID011 | Provide first aid |
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Program Features

- Nationally recognised training
- First Aid Certificate valid for 3 years
- Qualified and supportive trainers
- Textbook and course resources provided

Students will learn about:

- Assess an emergency situation
- Airway, breathing and circulation
- First aid for minor wounds
- Apply infection control
- Manage bleeding and extreme temperature
- First aid for burns and electrocution
- First aid for fractures and soft tissue injuries
- Manage near drowning casualties
- Manage head, chest and abdominal injuries
- First aid for venomous bites, stings and allergies
- First aid for spinal fractures
- Assessing and moving sick and injured
- Legal and social responsibilities
- First aid for seizures and poisons



Assessment

- Learners are required to do some pre-reading and complete written activities prior to course commencement.
- There is pre-course study and multiple-choice assessment to complete prior to training.
- During the course there are case studies and practical demonstrations to complete.



Ready to enrol?

Contact Benchmark College to get an Application Form and hear about the next steps in the process.

Still have questions? Contact one of our friendly staff members by phone on 1800 286 916 or email info@benchmark.edu.au

Visit our website and read our Student Handbook, policies and procedures, and check all the information needed to make that important decision.

We are waiting to hear from you!

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