



# **First Aid**

HLTAID012 Provide an emergency first aid response in an education and care setting.

**HLTAID011** Provide first aid.

**HLTAID009** Provide cardiopulmonary resuscitation.

Gain skills and knowledge to provide a first aid response to a casualty, who are infants, children and adults. This course is for anyone working in long day care, family day care, preschool and outside of school hours care services, including community and workplace settings.



# Program features;

- Australian Resuscitation Guidelines to perform CPR and First aid to infants, children and adults;
- Recognise and respond to an emergency situation;
- Infection control principles and procedures;
- Use available resources and apply first aid procedures to a causality;
- Communicate and record details of the incident;
- Evaluate the incident, own performance and impact on self and

## **Entry requirements**

- Complete a language, literacy, numeracy and employability guiz.
- Physically capable to complete a minimum of 2 minutes of continuous CPR on the floor with an adult/child manikin.
- Unique Student Identifier (USI).
- Students under 18 years of age must obtain written consent from a parent or guardian.

#### **Duration and cost**

- Duration of the course is 8hrs (9am to 5pm) of face to face training, practical activities and assessment.
- Cost of the course is \$160 (Payable by credit card (VISA, MasterCard), EFTPOS, Cheque, money order and direct deposit).

### Assessment

- There is Pre-course study and multiple choice assessment to complete prior to training.
- During the course there are case studies and practical demonstrations to complete

Students who are deemed competent will receive a statement of attainment for the following units of competence:

- HLTAID009 Provide cardiopulmonary resuscitation.
- HLTAID011 Provide first aid
- HLTAID012 Provide an emergency first aid response in an education and care setting.

## Where can I find more information?

Visit our Website (www.benchmark.edu.au) and read our Pre-enrolment information and Student Handbook for all the information needed to make that all-important decision. Benchmark College has policies, procedures and information to help create a working and learning environment that is safe and healthy, culturally diverse, friendly and non-discriminatory.

> To find out more about this course, call us on 1800 286 916 or visit www.benchmark.edu.au