

## First Aid

### HLTAID011 Provide first aid.

### HLTAID009 Provide cardiopulmonary resuscitation.

Gain skills and knowledge required to perform cardiopulmonary resuscitation and to provide a first aid response to a casualty. Assess and manage immediate hazards to health and safety of self and others.



#### Program features;

- Australian Resuscitation Guidelines to perform CPR and First aid;
- Recognise and respond to an emergency situation;
- Infection control principles and procedures;
- Use available resources and apply first aid procedures to a casualty;
- Communicate and record details of the incident;
- Evaluate the incident, own performance and impact on self and others.

#### Entry requirements

- Complete a language, literacy, numeracy and employability quiz.
- Physically capable to complete a minimum of 2 minutes of continuous CPR on the floor with an adult/child manikin.
- Unique Student Identifier (USI).
- Students under 18 years of age must obtain written consent from a parent or guardian.

#### Duration and cost

- Duration of the course is 8hrs (9am to 5pm) of face to face training, practical activities and assessment.
- Cost of the course is \$100 (Payable by credit card (VISA, MasterCard), EFTPOS, Cheque, money order and direct deposit).

#### Assessment

- There is Pre-course study and multiple choice assessment to complete prior to training.
- During the course there are case studies and practical demonstrations to complete

**Students who are deemed competent will receive a statement of attainment for the following units of competence:**

- HLTAID009 Provide cardiopulmonary resuscitation.
- HLTAID011 Provide first aid

#### Where can I find more information?

Visit our Website ([www.benchmark.edu.au](http://www.benchmark.edu.au)) and read our Pre-enrolment information and Student Handbook for all the information needed to make that all-important decision. Benchmark College has policies, procedures and information to help create a working and learning environment that is safe and healthy, culturally diverse, friendly and non-discriminatory.

To find out more about this course, call Glenda on  
0410 593 777 or visit [www.benchmark.edu.au](http://www.benchmark.edu.au)