



# HLTAID012 Provide First Aid in An Education and Care Setting

Gain skills and knowledge to provide a first aid response to a casualty, who are infants, children and adults. This course is for anyone working in long day care, family day care, preschool and outside of school hours care services, including community and workplace settings.

| Program features   | Entry requirements   | Work experience requirements   |
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| <ul style="list-style-type: none"> <li>▪ Australian Resuscitation Guidelines to perform CPR and First aid to infants, children and adults.</li> <li>▪ Recognise and respond to an emergency situation.</li> <li>▪ Infection control principles and procedures.</li> <li>▪ Use available resources and apply first aid procedures.</li> <li>▪ Communicate and record details of the incident.</li> <li>▪ Evaluate the incident, own performance and impact on self and others.</li> </ul> | <ul style="list-style-type: none"> <li>▪ Unique Student Identifier (USI).</li> <li>▪ Complete a language, literacy, numeracy and digital literacy quiz.</li> <li>▪ Physically capable to complete a minimum of 2 minutes of continuous CPR on the floor with an adult/child manikin.</li> <li>▪ Students under 18 years of age must obtain written consent from a parent or guardian.</li> </ul> | <ul style="list-style-type: none"> <li>▪ Students must provide &amp; wear safe, industry appropriate clothing on work experience.</li> </ul> |

## Course details

| Course Type  |   |
|--|---|
| <b>Duration</b><br>(see over for more information) | Duration of the course is 8hrs (9am to 5pm) of face-to-face training, practical activities and assessment.  |
| <b>Fees</b><br>(see over for more information)     | Cost of the course is \$160 (Payable by credit card (VISA, MasterCard), EFTPOS, Cheque, money order and direct deposit). The fee includes all training, assessment materials and learning resources. There is also a 1/2-day CPR refresher course available (HLTAID009 Provide cardiopulmonary resuscitation). The fee for the CPR course is \$90. Learners are required to do some pre-reading and complete written activities prior to course commencement. |
| <b>Location</b>                                    | Ground Floor, 331 High Street Penrith NSW 2750 and a host employer for work experience.   |

## Policies and procedures information

Benchmark College has policies, procedures and information to help create a working and learning environment that is safe and healthy, culturally diverse, friendly and non-discriminatory. We encourage students to visit the student section of our website <https://www.benchmark.edu.au> to view all relevant policies and procedures.



## The course

This unit satisfies the skills and knowledge required to provide a first aid response to infants and children consistent with the first aid guidelines. Applicable to a range of workers within an education and care setting who are required to respond to a first aid emergency, including asthma and anaphylactic emergencies.

## Course content

|           |  |
|-----------|--|
| HLTAID009 | Provide cardiopulmonary resuscitation                                    |
| HLTAID011 | Provide first aid  |
| HLTAID012 | Provide an emergency first aid response in an education and care setting |

## Program Features

- Nationally recognised training
- First Aid Certificate valid for 3 years
- Qualified and supportive trainers
- Textbook and course resources provided

Students will learn about:

- Anaphylaxis and Asthma
- Apply infection control
- Australian Resuscitation Council guidelines
- CPR techniques on adults, children and infants
- Legal and social responsibilities
- Incident reporting in an early childhood setting
- Assessing an emergency situation - DRSABCD
- Airway, breathing and circulation
- Assessing and moving sick and injured
- First aid for burns and electrocution
- First aid for fractures and soft tissue injuries
- First aid for minor wounds

- First aid for spinal fracture
- First aid for seizures and poisons
- First aid for venomous bites, stings and allergies
- Manage bleeding and extreme temperature
- Manage head, chest and abdominal injuries
- Manage near drowning casualty
- Automated External Defibrillator

## Assessment

- Learners are required to do some pre-reading and complete written activities prior to course commencement.
- There is pre-course study and multiple-choice assessment to complete prior to training.
- During the course there are case studies and practical demonstrations to complete.



## Ready to enrol?

Contact Benchmark College to get an Application Form and hear about the next steps in the process.

Still have questions? Contact one of our friendly staff members by phone on 1800 286 916 or email [info@benchmark.edu.au](mailto:info@benchmark.edu.au)

Visit our website and read our Student Handbook, policies and procedures, and check all the information needed to make that important decision.

We are waiting to hear from you!

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